

THE STEPMOM PROJECT WORKSHOP SERIES

This 2-hour program will provide three things every stepmom needs: knowledge, strategies, and support for navigating your stepmom role. Topics include: stepfamily dynamics, discipline, and effective communication strategies. Space is limited to 6 participants. Presented by Elizabeth Mosaidis, Stepfamily Foundation Certified Coach and Author of "The Stepmom Project" and "Stepmom Bootcamp."

Date: Saturday, March 28th

Time: 10 am-12 pm

Location: Tempe

Cost: \$54 (Includes book!)



To register, visit
www.TheStepmomProject.com

Walk away with:

- A better understanding of stepfamily dynamics
- Tools for dealing with common stepfamily issues
- Concrete ideas on how to approach discipline, rules, and expectations
- Effective strategies for communicating with your spouse and stepchildren