

THE STEPMOM PROJECT WORKSHOP SERIES

This 2-hour program will provide three things every stepmom needs: knowledge, strategies, and support for navigating your stepmother role. Topics include: stepfamily dynamics, discipline, and effective communication strategies.

Space is limited to 6 participants.

Presented by Elizabeth Mosaidis,

Stepfamily Foundation Certified Coach and Author of "The Stepmom Project."

Date: Saturday, March 31st

Time: 10 am-12 pm

Location: Tempe Public Library

Cost: \$54 (Includes book!)



A **30-DAY** PERSONALIZED JOURNEY
FOR STEPMOTHERS

ELIZABETH MOSAIDIS

To register, visit
www.TheStepmomProject.com

Walk away with:

- A better understanding of stepfamily dynamics
- Tools for dealing with common stepfamily issues
- Concrete ideas on how to approach discipline, rules, and expectations
- Effective strategies for communicating with your spouse and stepchildren